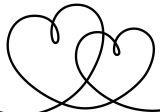




Family Connections Village Newsletter

October
2026



Message from CEO, Candace Lyon

October is Continuing Care Month, with this year's theme, Connected in Care: Working Together to strengthen continuing care for Nova Scotians. It's a wonderful opportunity to celebrate the incredible staff and volunteers who bring compassion, connection and dedication to our Village every day. We invite our families to join us in recognizing and thanking our care partners for the meaningful difference they make in the lives of our residents.

Upcoming Special Events

Live Music with Steve - October 13th 6:30 PM

Join us for some live music in Village Hall!

Palliative Care Presentation - October 21st 10:00-11:00 AM

Join us in the Village Hall for a discussion on the collaborative approach to dementia.

Grief Workshop - Grieving Out loud - October 29th 2:00 PM

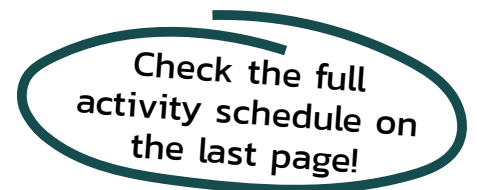
Join us in Village Hall for a workshop on grief. All welcome.

Live Music with Patrick – October 20th at 6:30pm

Join us for some live music in Village Hall!

Live Music with The Fret Notes – October 27th at 7:00pm

Join us for some live music in Village Hall!



Annual Family Eden Warmth Survey

It's time for our annual Eden Warmth Surveys! Each year, we gather feedback from families to help guide our Eden journey and strengthen our home. You can complete the survey online at <https://cvent.me/bVXG8l> or use your device to scan the QR code to the right or pick up a paper copy from the Reception Desk or Nursing Office. Your input helps us continue creating a warm, connected home for residents and care partners — thank you for sharing your voice! Reach out with any questions or comments!

THE
eden
ALTERNATIVE®



Halloween at Windsor Elms Village

We're accepting donations of Halloween candy and chips at the front desk until October 29th. We're excited to welcome the little ones (and not-so-little ones!) of our residents and care partners to Windsor Elms Village for some Halloween fun again this year. Join us on October 31st from 2:00–8:00 p.m. for trick-or-treating throughout our neighbourhoods! Costumes are encouraged. Thank you for helping make Halloween special for everyone!





Windsor Elms Village

Family Connections Village Newsletter

October
2026

Continuing Care Month

Celebrating Continuing Care Month! October is Continuing Care Month, a time to recognize and celebrate the dedicated people who make a difference in the lives of those receiving care and support every day. This year's theme, *Connected in Care: Working Together to Strengthen Continuing Care for Nova Scotians*, reminds us of the importance of teamwork, compassion, and connection in creating a caring and supportive community. We have celebrations planned throughout the month to recognize our wonderful team and the meaningful work they do. We look forward to celebrating with our staff and continuing to provide the best possible care and support to our residents and their families. Happy Continuing Care Month!



Grief Workshop - Grieving Out Loud



Join CCA Deb Aker and Chaplain Jason Flinn for a grief support session on Thursday, October 29th, at 2:00 PM in the Village Hall at Windsor Elms Village. This will be a safe and supportive space to share and discuss feelings of loss. While these conversations are never easy, they are often an important part of healing and connection. Open to everyone, all are welcome!

A Case In Dementia: A Collaborative Approach

Join us on October 21 from 10:00–11:00 AM in the Village Hall for a presentation hosted by our Palliative Care Committee, "When Care Becomes Collaborative." This meaningful session will explore how interdisciplinary team members work together to provide compassionate, resident-directed end-of-life care while supporting both residents and their families through a difficult journey. The presentation will feature insights from Cynthia Sanche, Registered Nurse; Jason Flinn, Chaplain; and Joanna Osborne, Dietitian, who will share how collaboration, communication, and compassion help create comfort, dignity, and support every step of the way. Light refreshments will be provided.



NEW RESOURCE: What to Expect When a Resident's Time at Windsor Elms Village Comes to an End

When a resident passes away, there are often many practical details to navigate during an already difficult time. We have created a **new resource** to help loved ones understand what to expect from Windsor Elms and answer common questions about personal belongings, financial matters, paperwork, and services.

Printed copies are available in the WEV Resource Box, located between Reception and the Café.

To request an electronic copy, please contact socialwork@winelms.ca



Windsor Elms Village

Family Connections Village Newsletter

October
2026

Circle of Support - Family & Friends of WEV Residents

We invite you to join our Circle of Support for Family and Friends of WEV Residents.

Having a loved one in long-term care can bring many emotions, questions, and experiences. This group offers a supportive space to connect with others who share the journey of supporting someone at Windsor Elms.



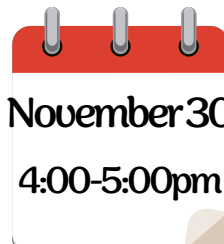
Circle of Support
for Families & Friends of Residents
Windsor Elms Village

This is a space to:

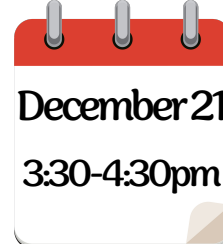
- Connect with others who understand your experience
- Share concerns, ideas, and reflections
- Learn about topics and resources that may be helpful



October 26
4:00-5:00pm



November 30
4:00-5:00pm



December 21
3:30-4:30pm



Location: WEV Boardroom (next to reception desk)

Malorie Beckett, Windsor Elms Social Worker

Call/Text: 902-790-0311 **Email:** socialwork@winelms.ca

Resource Spotlight

Dial-A-Ride

Looking for accessible transportation?

West Hants Dial-A-Ride offers **accessible transportation** for people living in **West Hants Regional Municipality, Hantsport and Mount Uniacke**.

Transportation is available for a variety of needs, including medical appointments, shopping, errands, social activities, recreation, visiting loved ones, and more. Rides can also be arranged for appointments and other destinations outside of the West Hants area.

Rides must be booked in advance, with at least 24 hours' notice.

Rates are subject to change and receipts are provided for tax purposes where applicable. **Contact West Hants Dial-A-Ride current rates, service availability and booking information.**

📞 902-792-1800

✉ westhantsdialaride@gmail.com





Family Connections Village Newsletter

October
2026

If you have any questions, comments, or concerns about our recreation programs or activity calendar, please don't hesitate to reach out. We always welcome your feedback and are happy to help!

You can contact the Recreation & Life Enrichment Manager, Michaela, by email at LEM@winelms.ca

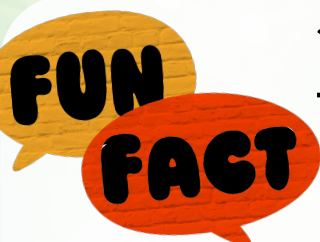


October 2026

**Calendar is subject to change*

Windsor Elms Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Black—What's going on in Village Hall Purple—What's going on in Fundview Red—What's going on in Meadowview Blue—What's going on in Osprey Recreation Team away at Conference Oct 22-23				1 11:00 Bible study 2:00 Hungry hippos 2:00 – Bingo with Brad	2 10:30 – Lexicon 10:30 – Lexicon 1:30 - Chime Choir	3
4	5 10:30 – Short Stories 10:45 Horse Racing 2:00 – Bingo 2:00 – Fall Baking 3:00 – KES Student Visit	6 <i>Bike Rides</i> 10:30 - Happy Harmonizer 1:30 Bingo 2:00 – Shuffleboard 6:30 – Live Music with and friends	7 10:00 – Garden Club 12:45 – Osprey Bus Trip 2:00 – Shuffleboard	8 10:45 Thanksgiving Craft 11:00 Men's Club 12:45 Meadowview Bus Trip 2:00 - Community Church group	9 10:30 – Lexicon 1:30 - Chime Choir	10 10:00 – Baking 1:30 – Baking with Kathy
11 Morning Bike Rides 1:30 – Baking with Kathy	12 	13 10:30 - Happy Harmonizer 1:30 – WHEC Visit Visits with Ann and Jan 6:30 – Live Music with Steve	14 10:00 – Grandfriends Visit 2:00 – Tim Hortons Day 2:00 – Horse Racing	15 11:00 – “What is it” 11:00 – Painting 2:00 – Bingo with Brad 2:00 – Bingo	16 10:30 – Lexicon 10:30 – Lexicon 1:30 - Chime Choir 2:30 – Documentary	17 10:45 Yahtzee 2:00 Monopoly
18	19 11:00 Resident Council 2:00 –Annapolis Valley Tales with Steve – <i>Outskirts of Ordinary</i> 3:00 – KES Visit	20 10:45 Craft: centre pieces 1:30 Bingo 2:00 – Pumpkin Painting 2:30 Tim Horton's day 6:30 – Live Music with Patrick	21 10:00 – Garden Club 12:45 – Fundyview Bus Trip 1:30 - Meadowview Music 2:00 – Bingo with Brad	22 11:00 - Bible study 2:00 - Community Church group	23 10:30 – Lexicon 1:30 - Chime Choir	24 10:30 – Lexicon 10:30 – Baking with Kathy 1:00 – Osprey Live Music 1:30 – Baking with Kathy
25 Morning Bike Rides 1:30 - Baking with Kathy	26 10:45 – Halloween History 10:30 – Resident Council 2:00 – Church with Jason 3:00 – KES Student Visit	27 10:30 - Happy Harmonizer 1:30 – WHEC Visit - Carving Pumpkins Visits with Ann and Jan 7:00 – Live Music with Fret Notes	28 10:00 – Grandfriends Visit 2:00 – Live Music with Rule62	29 11:00 – Bible Study 2:00 – Halloween Game 2:00 – Bingo 2:00 – Grieving Out loud – A Workshop (all welcome)	30 10:30 - Family Resource Center 2:00 – Halloween Party and Live music with Tony Quinn!	31 <i>Happy Halloween!</i> 2:00-8:00 Trick or Treat Friends and family of WEV Welcome!



We're All Care Partners

The Eden Alternative reminds us that care is everyone's responsibility. At Windsor Elms Village, we are all part of the Care Partner Team—residents, families, staff, volunteers and visitors. We each have a role in creating a home filled with meaningful connections, companionship and purpose. Together, we share one common goal: to create a place where everyone can thrive and feel that they truly belong.

