October is Continuing Care Month, a time to recognize and celebrate the incredible people who make Windsor Elms Village such a special place. Our care partners, and volunteers demonstrate compassion, dedication, and connection every single day—bringing The Eden Alternative principles to life by nurturing meaningful relationships and a true sense of home. To our residents, families, friends, and care partners—thank you for being part of our Windsor Elms Village community. Together, we create a place where everyone belongs, contributes, and continues to grow.

O, Candace Lyon

Eden International Visit

eden ALTERNATIVE

Kristi Doan from Eden International recently spent time at Windsor Elms Village, engaging with residents, connecting with care partners, and participating in resident meal times. Her visit offered valuable insights into daily life at our home and the experiences of our care team. We eagerly await her full visit report in the coming weeks, which will include recommendations to help us further strengthen our community, enhance our care practices, and continue living the principles of The Eden Alternative.

Save the Dates & Upcoming Life Enrichment Events

October 14, 2025 - 6:00 PM

Live Music with Steve!

Message from (

October 21, 2025 @ 6:00 PM

Live Rock & Roll with Terry Jagger

October 29, 2025 - 1:30 PM

Music Therapy Resident Showcase

October 31, 2025 @ 2:00 PM

Halloween Party!



Commitment to Truth & Reconciliation

We recently updated our Land Acknowledgment to better reflect life at Windsor Elms Village and The Eden Alternative philosophy. This reaffirms our commitment to truth and reconciliation, our community, and the Mi'kma'ki territory we call home. We continue to begin all meetings with a reading of this acknowledgment, keeping our dedication to honoring the land that we live, work and learn on.



Windsor Elms Village respectfully acknowledges that we live, work & learn in Kwesawatqek (Gway-Saw-Wah-d'k), Mi'kma'ki the traditional and unceded territory of the Mi'kmaq People.

This land is governed by the **Treaties of Peace and Friendship**. These treaties were built not on surrender, but on a commitment to live in **peace**, **respect**, **and mutual support** — the same responsibilities that continue to this day.

As a Certified Eden Home, we are especially mindful of the Mi'kmaq tradition of honouring **Elders as knowledge keepers**, spiritual guides, and vital members of the community. We recognize the deep cultural value placed on caring for Elders with dignity, connection, and interdependence—values that align with our own commitment to ending loneliness, helplessness, and boredom in the lives of those we serve.

We affirm our responsibility to uphold the spirit and intent of the Peace and Friendship Treaties and to walk the path of reconciliation with humility, integrity, and care. We are all treaty people.

Tracey Metallic

2025



Windsor Elms Village
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Staff Care Partner Spotlight Donations Welcome

WEV recognizes that we cannot thrive without the hard work and dedication of all our care partners. Everyone, regardless of title, works together to bring well-being to our residents.

Please join us this month in recognizing;

Continuing Care Assistants!
Occupational Therapist!
Chaple:

Chaplain!

Donations Welcome!We're collecting individually wrapped candy

Please drop donations off at Reception.

for our Halloween visitors!

On October 31, children are welcome to stop by and show off their costumes while collecting goodies from 12:00 p.m. until the candy runs out!



Resource Spotlight

We invite you to join our first Circle of Support for Family and Friends of WEV Residents.

Having a loved one in long-term care can bring a wide range of emotions, questions, and moments of both joy and challenge. It's a unique experience and one that can feel easier when shared. This group offers an opportunity to connect with others who share the journey of supporting someone at Windsor Elms.

Our first meeting will be an informal gathering with light refreshments, focused on getting to know one another and identifying what matters most to you.

This is a space to:

- Connect with others who may relate to your experience
- · Share concerns, ideas, and reflections
- Explore topics you'd like to learn more about and learn about available resources
 - Monday, November 3, 2025 at 3:30pm-4:30pm
 - Village Hall

Circle of Support for Families & Friends of Residents Windsor Elms Village

Malorie is here to support you too!
Malorie Beckett, BA, BSW, SWC

Email: socialwork@winelms.ca

Call/Text: 902-790-0311

Office: 902-798-2251 ext: 288

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Community Computer

Our community computer—located just down Meadowview Lane, past the Café—is up and running!

Residents can enjoy games, browse the internet, or stay connected with family and friends.

This new addition supports The Eden Alternative principle of promoting independence, choice, and meaningful engagement for everyone at Windsor Elms Village.



Welcome Pumpkin & Spice



Fundyview has two new furry friends spreading joy! **Pumpkin and Spice** were chosen and named by our residents, who also helped plan their care. They are **indoor-only** kittens—please help us keep them safe by ensuring they stay inside.

They each wear a Tenera call bell so we can always find them and they are still learning their manners, so let's all gently guide them along the way. For now, they're traveling back and forth with one of our amazing care partners, and soon they'll be living on Fundyview full-time.

Voting Results are in - "The Den"

Thank you to everyone who participated in the WEV community vote to rename the Family Room. We received an incredible 112 votes and a variety of creative name suggestions. After tallying the results, we're excited to announce that the winning name is "The Den."

A den is often defined as a quiet, comfortable space for rest and connection, which makes it a fitting choice for a room designed to offer visitors a warm and welcoming place to spend time with loved ones.

Our Den is a cozy, private space open to residents and guests from all neighborhoods. It is located on Fundyview, just outside of house 3 & 4 and includes a comfortable couch, chair, a small dining table with two chairs, a counter with a kitchen sink, a mini fridge and a private bathroom.

Ways the Den can be used:

- A cozy and private place for residents to visit with guests (no booking required)
- A quiet space for visitors who need a quiet moment alone
- Overnight stays for loved ones to be close during difficult moments (booking required)



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Save the Date - 3rd Annual Makers Market

Mark your calendars! Our 3rd Annual Makers Market will be held on Wednesday, November 19, from 12:00-4:00 p.m. at Windsor Elms Village.

This special event celebrates creativity, connection, and community residents, families, care partners, and neighbors are invited to enjoy the vibrant talents of local artisans. Explore a variety of handmade crafts, locally made products, and delicious baked goods, perfect for gifts or a seasonal treat.

We're also hosting a Food Bank donation table, giving everyone the chance to support our community and help those in need. Come for the shopping, stay for the community spirit.

Vendor tables available - Contact Melissa @ melissa.macaskill@winelms.ca



Handmade • Local • One-of-a-Kind • Treats

Care Partner Recognition

At Windsor Elms Village, we are proud to celebrate the exceptional dedication, care, and creativity of our team. Our staff play a vital role in bringing the Eden Philosophy to life, fostering connection, safety, learning, and innovation in everything they do.

To honor these outstanding contributions, we are excited to present the 5th Annual Windsor Elms Village Four Leaf Clover Awards of Excellence!

These awards are for Care Partners, by Care Partners, giving every team member the opportunity to recognize a colleague who goes above and beyond. Nominations are celebrated across the following categories:

- Excellence in Safety
- Excellence in Community Connectivity
 - Excellence in Leadership
 - Excellence in Inclusion
 - Rising Star
 - Eden All-Star

Each category highlights excellence in areas that reflect our values and vision, celebrating the people who make a real difference in the lives of residents and our home. Families and visitors are encouraged to keep an eye out for all nominees showcased in our Village Center as we recognize these outstanding Care Partners.



Awards of Excellence