

Dear Community Member:

Join the Windsor Elms "Village People" Team in a Walk For Alzheimer's at the Windsor Elms Village on Saturday, June 8<sup>th</sup> 10:00am on location at 174 Falmouth Dyke Road, Falmouth.

Help us make a difference for Nova Scotians living with and caring for those with Alzheimer's.

Nova Scotians experiencing the realities of dementia need information, education and support. The Alzheimer Society provides these services province wide through the generosity of Nova Scotians like you. When you contribute to fundraisers such as this event, you help provide much needed programs and services for people with dementia and their team.

**We encourage all the community to get involved – and it's easy !**

**To support this fundraising event, you can participate as a team or an individual:**

- ✚ Register with Rhonda Church, Event Coordinator – 472-3658 or [Rhonda.Church@winelms.ca](mailto:Rhonda.Church@winelms.ca)
- ✚ Pick Up Pledge Sheets @ Windsor Elms Village or print from [www.windsorelms.com](http://www.windsorelms.com)  
– monies collected can be passed in on June 8<sup>th</sup>. **If you are unable to make it to the June 8<sup>th</sup> event**, please pass in monies collected as soon as possible to Windsor Elms Village Reception Desk.
- ✚ Other Donation Opportunities @ the Event (see below)

**We are planning for a super fun and inspiring day** – rain or shine ! A day when your heart will be touched and when you can touch others.

**Events include:**

- 10:00am: Registration for Teams and Individuals
- 10:30am: Opening Ceremony: CEO Sue Hayes; Greg Miller; Board Chair; Pat Miller; NS Alzheimer's Society Representative
- 10:45-11:45am: Walk Around Bill Porter Drive

**Donation Opportunities:**

**May 17<sup>th</sup> 1230-130pm** Bake Sale @ WEV

**June 8<sup>th</sup> Event Day**

- ✚ Popcorn
- ✚ 50/50 Draw (tickets available at WEV leading up to and including June 8<sup>th</sup>)
- ✚ Pledge Sheets for the Walk Around Bill Porter Drive
- ✚ One Time Donation

**Other June 8<sup>th</sup> Event Highlights:**

- ✚ Clown on site
- ✚ Rest areas and refreshments/snacks
- ✚ Media on site
- ✚ Pet Friendly (re: water for pets)
- ✚ Bathroom facilities
- ✚ All participants who raise \$100 or more will receive a free Walk T-shirt (while quantities last).

# Your Fundraising Dollars At Work

## **Infoline 1-800-611-6345 (in Halifax call 902-422-7961)**

The Alzheimer Infoline provides an opportunity for confidential one-on-one support, information, education, and referral specific to individual needs and circumstances. This service is provided by caring and knowledgeable staff and is available province-wide to persons with dementia and care givers.

## **Support Groups**

The Society promotes the value of mutual support through its province-wide network of caregiver support groups and groups for persons in early stage dementia. These confidential groups provide an opportunity to learn more, discuss difficult issues, and share strategies for daily living.

## **Education**

The Society, in collaboration with community partners, provides education opportunities for people living with dementia and caregivers to learn about the symptoms of dementia, treatment options, strategies for planning ahead and living well, and community resources that can help. We host presentations and workshops, throughout the province on a variety of topics related to dementia.

## **Information and Resources**

The Society offers a complete selection of Alzheimer Society fact sheets and brochures on a variety of dementia-related topics.

## **Research**

The Alzheimer Society of Nova Scotia is committed to funding industry leading research developments provincially and on a national level.