

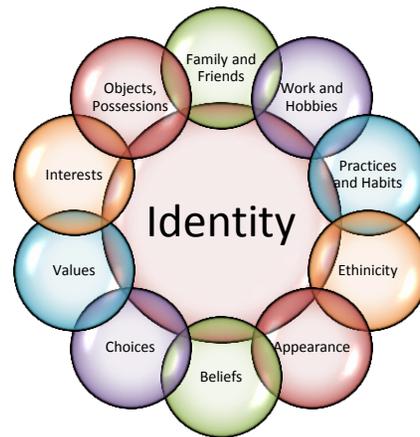
What is Identity?

Identity is one of the seven Domains of Well-Being identified by the Eden Alternative. The elements of Identity are: being well known, having personhood, wholeness, individuality, and having a history.

When residents arrive in a new Home there is a risk of losing their sense of identity as they no longer have a special bond with the physical space that held personal meaning and contained pieces of their history.

Living in a space that reflects the history of an individual's life has many benefits including:

- serves as a reminder to residents of their past
- reinforces a sense of self
- helps staff connect with residents and learn where their passions might lie
- allows staff to help residents become well known to one another
- contributes to overall well-being



The use of personal touches in a Resident's living space helps to bring their unique identity into the Home and the life of our neighborhoods.

WEV Staff are committed to recognizing and valuing individual identity. We welcome conversations on how we can support you and your loved one to continue to surround themselves with pieces of their history as they settle into their new Home.

*Windsor Elms Village
is proud to be an
EDEN Registered Home*



**WINDSOR
ELMS
VILLAGE**

Identity



- *Being well known*
- *Having personhood*
- *Individuality*
- *Wholeness*
- *Having a history*

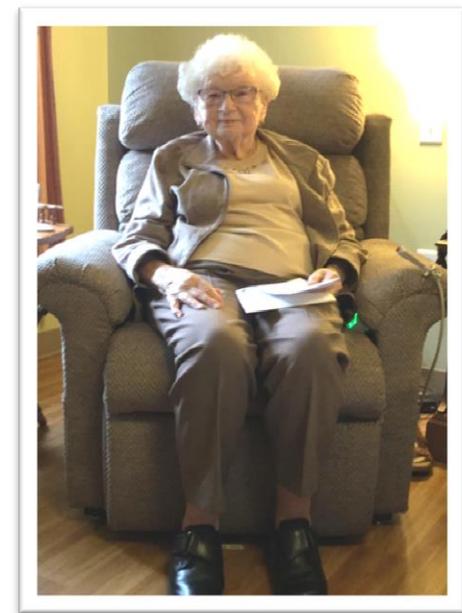
This resource is designed to provide families with information on how to create a homelike environment that is a reflection of their loved one's life journey.



Pictured left is a standard room before it has been personalized.



Pictured left is a room after a resident has decorated it with items brought from home. It now reflects her own unique Identity and feels comfortable and more like home.



Choosing a Comfortable Chair- What to Consider:

- **Surface:** A sturdy surface for ease of getting up & down in the chair
- **Size:** Well fit for loved one - consider width, depth of seat cushion, and height of chair (important feet can reach floor)
- **Ease of Use:** Loved one can use the features of the chair (recline, elevation) safely
- **Comfort:** Promotes comfortable postures for extended periods of time
- **Material:** For ease of cleaning

If you have any questions about the purchase of a chair please contact the Therapy Center x 238

Ideas of what to bring:

- Favorite bedding/comforter/throw
- Framed family photos/collages
- Clock
- Favorite paintings
- Calendar
- Small plants
- TV (favorite movies & DVDs)
- Radio/CD player (favorite CDs)
- Doilies
- Figurines
- Window decoration (eg bird feeder, stained glass)
- Carvings or other item created by resident
- Kleenex box cover
- Bathroom items (eg soap dish, toothbrush holder)
- Favorite tea cup / coffee mug
- Framed diploma/certificate

Things to avoid bringing in would include items that might be a tripping hazard (eg rugs, floor mats) or large furniture which might not allow room for a resident to move comfortably around the room. Please keep in mind we are a scent sensitive Home.

The most important thing is that what you bring in has personal meaning to the resident and is a reflection of their Identity.