



Are you caring for someone with dementia or Alzheimer's Disease?

Dementia: Understanding the Journey

September 27, 2016 to October 25, 2016

No two people experience dementia in the same way; and there is no singular approach to supporting persons living with dementia. Dementia: Understanding the Journey (formerly Alzheimer's Disease and Other Dementias Care Course) is for all care providers regardless of experience or educational background. The course provides a range of information that should be used to support and enhance your approach to care

Dementia: Understanding the Journey offers its learners:

- ✦ a holistic, person-centered philosophy to understanding dementia
- ✦ strategies to maintain a balance between offering support and encouraging independence
- ✦ strategies to maintain a person's identity, dignity, and self-esteem
- ✦ strategies to provide quality care using an interdisciplinary team approach
- ✦ tools to assist in understanding and responding to behaviours

Dementia: Understanding the Journey is divided into nine sessions. All sessions must be attended before a certificate of completion is awarded. *Learners participate in lectures, group discussions, interactive workshops, view videos and must successfully complete and present a final assessment project. Session dates and times are listed below.*

Dates	Time	Session Titles
Tuesday, September 27, 2016	9:00 am to 4:30	Session 1: Recognizing Dementia Session 2: The Person Comes First
Tuesday, October 4, 2016	9:00 am to 4:30	Session 3: Supportive Care – Part 1 Session 4: Supportive Care – Part 2
Tuesday, October 11, 2016	9:00 am to 4:30	Session 5: Supporting Other Partners in Care Session 6: All Behaviour Has Meaning
Tuesday, October 18, 2016	9:00 am to 4:30	Session 7: Planning for Care Session 8: Me, Myself, and the Team
Tuesday, October 25, 2016	9:00 am to 1:00	Session 9: Wrap Up, Presentations & Evaluations

Location: Health Association Nova Scotia, 2 Dartmouth Road, Bedford, NS B4A 2K7 | Main Boardroom
Fee: \$170.00 + HST = \$195.50 (cheques payable to Health Association Nova Scotia)- Due first day of class.

Please complete and fax back to Dementia: Understanding the Journey administration, (902) 832-8505 before **September 15, 2016** or email/mail to the address below. Please note there is a minimum requirement of 13 participants to run the program. Please share with anyone who may be interested in this program.

Name: _____

Organization: _____

Position: _____

Mailing Address: _____

City, Prov, PCode: _____

Telephone: _____ Fax: _____

Email: _____

Dementia: Understanding the Journey, Health Association Nova Scotia- 2 Dartmouth Road, Bedford, NS B4A 2K7
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